

Keeping A Visual Journal

Alison Watt

Student Supply List

BASIC MATERIALS

PAPER

A medium sized sketch book (ie. 9 ' x 12")

1 standard sheet (22" x 30") Arches 140 lb Cold Press Watercolor paper

1 standard sheet (22" x 30") 90 lb. Cold Press Watercolor paper

A small watercolour journal, 5 x 7, 5 x 8, 6 x 9 (remember, we want to be able to travel light with our journal, so don't go too big.)

There are many types of journals on the market:

Pentalic Aquajournal

Stilman & Birn (Beta Series).

Just be sure that the paper is watercolour paper with a grain (often it will say Cold Pressed.) Don't buy smooth paper.

PAINT

Small tubes of the following colours which you can load the palette with:
(It is extremely important to buy ARTISTS QUALITY paint: Winsor Newton, Daniel Smith, Da Vinci, Holbein)

- French Ultramarine
- Cobalt Blue
- Prussian Blue
- Cerulean Blue
- Hansa Yellow
- Quinacridone Gold
- Permanent Rose
- Winsor Red or Pyrrole Red
- Yellow Ochre
- Burnt Sienna
- Titanium white watercolour or white gouache

INK:

1 small jar of India Ink

3 colours of your choice of any other kinds of ink including Acrylic Ink (I use FW) Dr. PH Marten's Hydrus Ink or Dr. PH Marten's Bombay Ink

DRAWING GUM 1 small bottle

BRUSHES

Rounds: 2, 6, 8, 12

Flats: 1/2", 1"

A number of companies make good synthetic brushes (Winsor & Newton watercolour sable, Opus Allegro...) You don't need to buy expensive sable brushes. (Though they are nice, especially in the larger sizes, to have—watch for the sales on these.)

PENS

Micron Or Faber-Castell Black permanent pens (sizes: 01, 03, 05).
Any other pens you have or like to use.

Below, for your interest are some of my favourite pens (all are refillable.)
They are not required basic materials.



Pentel Arts Tradio Stylo Sketch Pen, Black



Pentel Pocket Brush Pen – Black



Lamy Fountain pen

the ink for these is not permanent, it will run if you use water or watercolour with it, that can be an interesting feature of a pen. Always experiment with your pens, to see what happens when you run water over fresh and dried ink line.

Pencils: 2B, H (the ideal hardness for a preparatory drawing that will sit under watercolour washes); I like travelling with a mechanical pencil

Erasers: a white vinyl eraser, and a malleable (gum) eraser



A waterbrush, size medium

PALETTE

For the online class, you can work with a studio palette. Below are palettes I use for painting in the field (travel or urban sketching).

Enclosed field palette

- The 4" x 10" palette



•The very small Winsor Newton palette (2 1/2" x 5") is fun for light travelling; it comes with blocks of student grade Cotman paints, which you can replace with squeezes from tube paints.

Other materials which can work well for journalling:

- watercolour pencils (Inktense are my favourites)
- soluble graphite
- coloured brush pens
- Elegant writer pens
- Peerless water based Inks: these bright dyes aren't light fast (not very important since the illustrations are protected in the journal.)

