

Long description

When I'm painting, I sometimes feel that the freedom I have to choose colours, the subject and technique can actually be overwhelming, stopping me from starting and making me constantly second guess my decisions! Does any of this sound familiar?

I have found it helpful to create some boundaries before I begin so that I can paint with more confidence. This structure gives me MORE freedom.

Through a series of exercises that explore the 7 elements of design, we are going to create our own personal reference guides to support our art practice. Having a foundation to lean on will give you greater confidence while you paint.

This workshop is a good fit if this sounds like you:

Help! I don't know how to start (newbies are totally welcome!)

Motivate me please, my brushes are lonely!

I'm drifting from one painting to the next and I crave some unity.

My paintings feel like someone else painted them (ugh).

This experience is not a good fit if you desire to have a completed piece at the end because we are going to use the time together to experiment and try out different techniques. While I'm primarily an abstract artist, this workshop is open to those who prefer to work in realism too because the same principles apply and *how you paint is as important as what you paint*.

It is my desire that after our time together you will:

- Have created a colour palette, complete with samples, that you are excited to work with for the foreseeable future.
- Feel confident with your unique mark making and want to explore with new tools and techniques.
- Be excited to dive deep into a subject and who knows, you might even create a body of work around it!
- Know at least 5 different ways to start a painting.
- Address specific questions with me one on one.
- Relax into free time to just paint in a supportive environment.
- Bonus! Meet some really amazing like-minded people.